

## 高齢社会における医療・介護等のあり方

### How Medical Care Will Be Changing in The Aged Society

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**Abstract:** The number of people over the age of 65 is more than 30 million, and the current aging rate is 24.1%. More than half of total medical care cost, 37 trillion yen in FY 2009, has been used for those by 65 years of age and above, and one third by 75 years and above. The biggest factor of this large amount of cost is a significant change in the medical demand due to aging. On the other hand, it is referred in Kojien that medical care is to cure a disease by medical (healing) art. However, diseases associated with adult lifestyle habits in the elderly come to coexist in aging and it is difficult to find the perfect medical care. The author outlines in his presentation how medical care will still be changing while it has already changed greatly in our aged society.

#### 講演概要

65歳以上の人が3000万人を超え、高齢化率が24.1%となった。平成21年度の医療費37兆円のうち半分以上が65歳以上の高齢者に、1/3が75歳以上に使用されている。この最大の要因は高齢化により、医療需要が大きく変化してきたことによる。一方、広辞苑には、医療とは、医術で病気を治すこと、と記されている。しかし、老化に生活習慣病が併存してくる高齢者では医療に完全治癒を求めることは難しい。高齢化を迎えて医療も大きく変化しつつあるが、従来の医療から、医療がどう変わるのか概説をする。